

Immunization Aftercare Information

Today you or your child were given the following immunization(s):

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| ☐ Influenza (Inf) | ☐ Pneumococcal Conjugate 20 (Pneu-C-20) |
| ☐ Haemophilus influenzae type b (Hib) | ☐ Pneumococcal Conjugate 15 (Pneu-C-15) |
| ☐ Hepatitis A (HA) | ☐ Rabies (Rab) |
| ☐ Hepatitis B (HB) | ☐ Respiratory Syncytial Virus (RSV) |
| ☐ Hepatitis A & B (HAHB) | ☐ Shingles |
| ☐ Human papillomavirus (HPV 9) | ☐ Tetanus, diphtheria, acellular pertussis (Tdap) |
| ☐ Inactivated Polio (IPV) | ☐ Varicella (Var) |
| ☐ Measles, mumps, rubella (MMR) | ☐ COVID-19 Vaccine |
| ☐ Measles, mumps, rubella and varicella (MMRV) | ☐ Other _____ |
| ☐ Meningococcal Conjugate | |

Possible Side Effects:

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| ☐ Soreness, swelling and redness at the injection site | ☐ Tiredness, irritability or drowsiness |
| ☐ A lump at the injection site; this generally disappears after a few weeks and does not need treatment | ☐ Mild headache |
| ☐ A mild rash at the injection site 5 to 26 days after vaccination, and sometimes on other parts of the body | ☐ Nausea |
| ☐ Fever (a temperature of 38.5°C or higher) | ☐ Diarrhea |
| ☐ Rash | ☐ Vomiting |
| ☐ Dizziness | ☐ Muscle or joint pain |
| | ☐ Decreased appetite |
| | ☐ Itching |
| | ☐ May feel generally unwell |
| | ☐ Pregnancy should be avoided for one month following MMR and Varicella vaccines |

What to do if side effects develop:

- Drink plenty of fluids
- Dress in loose, light clothing
- If fever occurs, give fever medication
- Apply a cool, damp cloth to the injection site to help resolve redness, pain and swelling

More severe side effects are extremely rare but can occur, these include:

- Allergic reaction (hives; swelling of the face, lips or throat; wheezing; shock; difficulty breathing)
- Pain, numbness and/or tingling in the hands and feet
- Convulsions or seizures
- Extreme drowsiness or unresponsiveness
- Chest pain, abnormal heartbeat

It is important to always report serious or unexpected reactions to your health care provider. Speak to your public health nurse, primary care provider or contact 811 for more information.

Registered Nurse/Immunizer

Date

Telephone

Visit [Immunize Canada](https://www.immunize.ca) for information on how to store immunization records using their [CANImmunize app](https://www.immunize.ca/canimmunize)